

بسمه تعالی

رزومه فعالیت‌های دکتر محمد علیزاده



مشخصات :

نام خانوادگی : علیزاده نام : محمد

تاریخ تولد: 1347/7/7

محل تولد: ماکو

مرتبه فعلی : استاد

محل خدمت : دانشگاه علوم پزشکی تبریز

کلینیک های درمانی : بیمارستان امام رضا ، بیمارستان اسدابادی ، کلینک تخصصی شیخ الرئیس

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تارنمای سوابق پژوهشی / آموزشی و درمانی :

https://scholar.google.com/citations?user=MWp4L_gAAAAJ&hl=en

https://isid.research.ac.ir/Mohammad_Alizadeh

اطلاعات کلی



آخرین مدرک تحصیلی : دکتری تخصصی PhD

نام و نام خانوادگی(فارسی) : محمد علی زاده

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نام و نام خانوادگی(انگلیسی) : **Mohammad Alizadeh**

دانشکده/محل خدمت : دانشکده تغذیه

رشته تخصصی : علوم تغذیه

آدرس محل کار: تیریز T جاده ی ایل گلی ، کوی رجایی شهر ۱۰ متری ۸ شرقی
پلاک ۴۰ طبقه ی اول

سوابق تحصیلی

رشته تحصیلی / تخصصی	درجه تحصیلی	سال دریافت مدرک	دانشگاه / موسسه
پزشکی	دکتری عمومی	۱۳۷۲	دانشگاه علوم پزشکی ارومیه ۱۳۶۵/۱۱/۲۳
علوم تغذیه	دکتری تخصصی PhD	۱۳۸۵	دانشگاه توکوشیما



آشنایی با زبان های خارجی

عنوان زبان خارجی	خواندن	نوشتن	درک مطلب	مکالمه	مدرک اخذ شده	تاریخ اخذ مدرک	مؤسسه صادرکننده مدرک	توضیحات
انگلیسی	خوب	بسیار خوب	بسیار خوب	بسیار خوب				

سوابق تحصیلی دانشگاهی :

ردیف	مدرک تحصیلی (لیسانس...)	رشته تحصیلی	نام دانشگاه	محل دانشگاه		مدت تحصیل		تاریخ اخذ مدرک تحصیلی	درجه	عنوان ارزشیابی شده مدرک تحصیلی
				کشور	شهر	از	تا			
1	دکترای حرفه ای	پزشکی	علوم پزشکی ارومیه	ایران	ارومیه	1365	1372	72/7/30	دکترای	-
2	دکترای تخصصی	علوم تغذیه	توکوشیما	ژاپن	توکوشیما	2002	2006	2006/9/28	دکترای	علوم تغذیه

سوابق شغلی

سوابق خدمت اداری غیر هیئت علمی :

سمت	نام و آدرس محل خدمت	تاریخ شروع	تاریخ پایان
	تبریز - -		
دانشگاه علوم پزشکی ارومیه شماره نامه:	مدیر شبکه بهداشت و درمان شهرستان ماکو	۱۳۷۴/۰۸/۰۱	۱۳۷۹/۰۶/۰۱
دانشگاه علوم پزشکی ارومیه شماره نامه:	معاون اجرایی مرکز بهداشت استان	۱۳۷۹/۰۸/۰۱	۱۳۸۱/۰۶/۲۰
دانشگاه علوم پزشکی ارومیه شماره نامه:	معاون درمان	۱۳۸۵/۰۸/۳۰	۱۳۸۹/۰۴/۰۴
استان آذربایجان غربی شماره نامه:	مدیر عامل مجمع خیرین سلامت استان آذربایجان غربی	۱۳۸۹/۰۵/۰۱	

سوابق خدمت دانشگاهی :

محل خدمت	جمع مدت		تاریخ		سمت	مرتبه دانشگاهی	تمام وقت یا پاره وقت	نوع استخدام رسمی - پیمانی
	ماه	سال	تا	از				
دانشگاه علوم پزشکی ارومیه	1	11	85/10/20	74/9/4	پزشک	-	تمام وقت	رسمی
دانشگاه علوم پزشکی ارومیه و تبریز	11	7	93/9/11	85/10/2	عضو هیئت علمی	استادیار	تمام وقت	پیمانی
دانشگاه علوم پزشکی تبریز	-	-	ادامه دارد	93/9/11	عضو هیئت علمی	دانشیار	تمام وقت	رسمی
				1397	عضو هیئت علمی	استاد	تمام وقت	رسمی

شرکت در کارگاهها و دوره ها :

تاریخ انجام فعالیت		شماره مجوز		محل برگزاری	نام دوره	ردیف
تا تاریخ	از تاریخ	تاریخ	شماره			
		95/6/20	5/78847	EDC	معرفت شناسی سطح دو	1
95/8/6	95/8/6	95/8/19	4587/19	دانشکده پزشکی	آسیب شناسی کم توجهی به اخلاق حرفه ای	2
		95/11/21	5/147079	EDC	اخلاق علمی و حرفه ای	3
96/7/4	96/7/4	96/7/27	20/5065/ن	دانشکده پزشکی	همایش همگانی سازی امر به معروف و نهی از منکر	5
		97/2/24	20/5066/ن	دانشکده پزشکی	سمینار روزه و سلامت	6

		97/4/14	5/s/117345	EDC	اخلاق حرفه ای	7
		97/6/19	5/s/213189	EDC	سبک زندگی	8
97/7/19	97/7/19	97/7/23	615ن	دانشکده تغذیه و علوم غذایی	نقش اساتید در ارتقا وضعیت فرهنگی دانشگاه	9

شرکت در دوره های مهارتی تخصصی :

محل دوره	مدت بر حسب ساعت	تاریخ		نام دوره	ردیف
		تا	از		
دانشکده تغذیه تبریز	3	-	94/7/27	فقرزدایی از روستاها با توسعه کشاورزی و حمایت اجتماعی	1
سازمان غذا و دارو (تهران)	5	-	95/12/9	آشنایی با نحوه بازرسی، کنترل، رهگیری و اصالت کالاهای حوزه سلامت و نحوه رسیدگی به تخلفات مربوطه طبق ضابطه ابلاغی	2
دانشگاه علوم پزشکی تبریز	20	97/1/24	97/1/23	نگارش خلاصه سیاستی	3

4	آشنایی با اهمیت و روش نوشتن برنامه راهبردی (SP)	96/2/25	-	10	حوزه معاونت تحقیقات و فناوری دانشگاه علوم پزشکی تبریز
5	آشنایی با ابزارهای پژوهش و نظام نوین اطلاعات پژوهش های پزشکی کشور (نوپا)	97/5/8	-	3	حوزه معاونت تحقیقات و فناوری دانشگاه علوم پزشکی تبریز
6	مقاله نویسی و نحوه ارتباط با دانشگاه ها و مجامع بین المللی	97/5/18	-	6	حوزه معاونت تحقیقات و فناوری دانشگاه علوم پزشکی تبریز
7	اصول مهم گزینش نویسی و پاسخ به نقد و داوری مقالات	97/5/19	-	6	حوزه معاونت تحقیقات و فناوری دانشگاه علوم پزشکی تبریز

شرکت در مجامع علمی و بین المللی

ردیف	دعوت یا ماموریت	تاریخ	موضوع بحث مجمع	محل برگزاری	اسامی همکاران به ترتیب (شامل نام متقاضی)
		6-8 september 2017	Nutrition: from laboratory research to clinical studies	Progressing health center, Mashhad, Iran	Dr. Mohammad Alizadeh

تالیفات (کتاب):

عنوان کتاب به زبان اصلی	چاپ چندم	ناشر	اسامی همکاران
اصول تغذیه کراوس 2017	اول 1396	انتشارات دری	وحید ملکی - حامد جعفری وایقان - سودا صالح قدیمی - جلال مولودی - (زیر نظر: دکتر محمد علیزاده)
اصول تغذیه پیراروده ای	اول 1393	انتشارات امیرسینا	حامد جعفری وایقان - سودا صالح قدیمی - (زیر نظر: دکتر محمد علیزاده)

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1. ارتباط مصرف حبوبات و فیبر غذایی با نسبت شانس و سطح سرمی آنزیم پاراکسوناز 1 در افراد مبتلا به تنگی عروق کرونر
2. نقش روغن های خوراکی /پخت وپز با نسبت شانس و علائم بیماری آرتريت روماتوئيد
3. اثر مکمل یاری با پروبیوتیک بر بیان ژن های استئوپروتگرین و لیگاند فعال کننده ی گیرنده ی فاکتور هسته ای کاپا ب ، سطح سرمی تلوپیتید C- ترمینال از کلاژن نوع I و استئوکلسین ، شاخص های تن سنجی، ترکیبات بدنی و کیفیت زندگی بعد از جراحی اسلیو معده : یک مطالعه کارآزمایی کنترل شده بالینی تصادفی شده
4. ارتباط سطوح سرمی hs-cTnT, NTproBNP, hs-CRP با شاخص های التهابی غذایی و تغذیه سالم و عوامل خطر بیماری های قلبی عروقی در بیماران مبتلا به پرفشاری خون: یک مطالعه طولی حاصل از نتایج کوهورت آذر
5. طراحی فرمولای انترال مخصوص بیماران با نفروپاتی دیابتی و بررسی ویژگی های فیزیکوشیمیایی، میکروبی و رئولوژیک فرمولای طراحی شده
6. "تأثیر مکمل یاری الاژیک اسید در بیماران دیابتی: یک مرور نظام مند و فراتحلیل مطالعات کارآزمایی بالینی"
7. تاثیر مکمل لوتئین بر برخی متابولیت های خون و فاکتورهای التهابی در بیماران مبتلا به سرطان روده بزرگ دارای جهش ژنهای KRAS,BRAF,NRAS کارآزمایی بالینی دوسوکور شاهددار

8. طراحی فرمولای اختصاصی برای بیماران با نفروپاتی دیابتی نیازمند به حمایت تغذیه ای روده ای، بررسی ویژگی ها و تعیین اثر فرمولای طراحی شده بر شاخص های تغذیه ای، التهابی، متابولیک و عملکرد کلیوی در بخش مراقبت های ویژه: کارآزمایی تصادفی کنترل شده پایلوت
9. ارتباط دریافت لوتئین رژیم غذایی، وضعیت تام آنتی اکسیدانی غذا و تغذیه ای با جهش و بیان بافتی ژن های KRAS، BRAF، NRAS، نشانگرهای التهابی و کیفیت زندگی در افراد مبتلا به سرطان روده بزرگ: مطالعه مورد-شاهدی
10. تاثیر مکمل یاری الاژیک اسید بر شاخص های گلاسمی، پروفایل لیپیدی، شاخص های تن سنجی، دریافت غذایی و سطح سرمی پنتوزیدین در بیماران مبتلا به دیابت نوع 2: کارآزمایی بالینی دو سو کور شاهددار تصادفی
11. بررسی ارتباط بین باراسیدی رژیم غذایی، IGF-1، الگوی لیپیدی، شاخص های گلاسمی و شاخص های تن سنجی در افراد چاق
12. ارتباط نمایه التهابی غذایی، امتیاز الگوی غذایی DASH، ظرفیت تام آنتی اکسیدانی غذا با سطوح سرمی 2-TMPRSS، زیست نشانگرهای التهابی و شدت بیماری در بیماران کوید-19: مطالعه ‍ ‍ ‍ -شاهد
13. تاثیر مکمل یاری با الاژیک اسید بر روی سطوح سرمی آدیپونکتین، رزیستین، برخی از شاخص های التهابی و اکسیداتیو در بیماران مبتلا به دیابت نوع دو
14. تاثیر مکمل یاری کاروتنوئیدها بر سطح سرمی برخی از فاکتورهای التهابی: یک مرور نظام مند و فراتحلیل مطالعات کارآزمایی بالینی
15. بررسی اثر مکمل یاری آستاگزانتین بر استرس اکسیداتیو: یک مروری نظام مند از کارآزمایی های بالینی و مطالعات حیوانی
16. بررسی اثر مکمل یاری ملاتونین بر وضعیت انسولین: یک مروری نظام مند از کارآزمایی های بالینی و مطالعات حیوانی
17. آیا امتیاز بالای تنوع غذایی، کفایت ریز مغذی های رژیم غذایی را در نوزادان و کودکان زیر پنج سال پیش بینی می کند؟ مرور نظام مند
18. تاثیر مکمل یاری آستاگزانتین بر سطوح سرمی مهارکننده فاکتور فعال ‍ ‍ کننده پلاسمینوژن نوع 1 و پارامترهای اکسیداتیو در مبتلایان به بیماری عروق کرونر
19. بررسی تاثیر مکمل یاری آستاگزانتین بر سطوح سرمی سیرتوئین یک، فاکتور نکروزدهنده تومور آلفا، پارامترهای متابولیکی، ترکیب بدن و وضعیت تغذیه ای در مبتلایان به بیماری عروق کرونر
20. بررسی اثر مکمل یاری ملاتونین بر سطح سرمی ویسفاتین و شاخص حساسیت به انسولین در زنان مبتلا به سندروم تخمدان پلی کیستیک
21. ارتباط نمایه التهابی و آنتی اکسیدانی رژیم غذایی با شدت بیماری و میزان فاکتورهای التهابی و اکسیدانی سرم در بیماران مبتلا به کووید-19، مطالعه مورد شاهدی
22. اثر مکمل یاری روغن دانه کتان بر سطوح اسیدهای چرب بلند زنجیر، الگوی لیپیدی، آراشیدونوئیل اتانول آمین و بیان ژنهای CB1 و CB2 در بیماران مبتلا به تنگی عروق کرونر

39. اثر عصاره هیدروالکلی کنگر وحشی بر مهارکننده فاکتور فعال کننده پلاسمینوژن نوع 1، ترومبوکسان B2، فراسنجهای لیپیدی و ظرفیت آنتی اکسیدانی در بیماران مبتلا به تنگی عروق کرونر

40. ارزیابی تاثیر 5- هیدروکسی متیل فورفورال بر برخی اجزای پاسخ ایمنی در موش های BALB/c ایمونیزه شده با اوالبومین

41. تاثیر مکمل یاری فیستین بر وضعیت تغذیه ای، فاکتورهای التهابی و اکسیداتیو و آنزیم های متالوپروتئیناز ماتریکسی در بیماران مبتلا به سرطان کولورکتال تحت شیمی درمانی در ارتباط با پلی مرفیسم ژن های MTHFR و TYMS

42. طراحی و ارزیابی روایی و پایایی پرسشنامه بررسی عوامل موثر در انتخاب غذاهای بسته بندی شده توسط مصرف کنندگان بر اساس تئوری عمل منطقی

43. ارتباط نمایه آنتی اکسیدانی غذاهای دریافتی با میزان اشتها، سطوح سرمی BDNF، NPY و ظرفیت تام آنتی اکسیدانی سرم در زنان چاق

44. بررسی تأثیر مکمل یاری لاکتوباسیلوس رامنوز بر شاخص های التهابی، استرس اکسیداتیو، میکروبیوم روده، متابولیت های روده؛ و بازآرایی سلول های قلبی در بیماران مبتلا به سکته قلبی

45. مطالعه ترجیحات غذایی کودکان 3 تا 6 ساله و شناسایی عوامل مرتبط، با استفاده از ابزار محقق ساخته

46. بررسی سطوح خونی 2-آراشیدونوئیل گلیسرول، نوروپپتید Y و اومنتین و ارتباط آنها با عادات غذایی در زنان چاق

47. ارتباط سطوح سرمی متیل گلیاکسال، DJ-1 و آلفا سینوکلئین الیگومر با وضعیت تغذیه ای، شاخص گلیسمی و شدت بیماری در بیماران مبتلا به پارکینسون

48. اثر مکمل یاری ملاتونین و اسیدهای آمینه شاخه دار به صورت جداگانه و توأم بر فاکتورهای التهابی، تحلیل عضلانی، وضعیت تغذیه ای و کیفیت زندگی در بیماران مبتلا به نارسایی قلبی کاشکتیک

49. اثر مکمل یاری روغن دانه کتان بر سطوح سرمی امنتین، کمترین و ترومبوکسان B2 در بیماران مبتلا به تنگی عروق کرونر

50. اثر مکمل یاری روغن دانه کتان بر سطوح برخی فاکتورهای التهابی در بیماران مبتلا به تنگی عروق کرونر

51. تاثیر مداخله آموزشی طراحی شده براساس الگوی مراحل تغییر بر نمره امنیت غذایی، شاخص های تن سنجی و ترکیب بدن در زنان خسروشهر